## **Hello Edison Elementary!**

Hello James Madison, Martin Luther King, Woodbrook, Menlo Park, John Marshall, Ben Franklin, Lincoln, Lindeneau, James Monroe and Washington Elementary School Students!

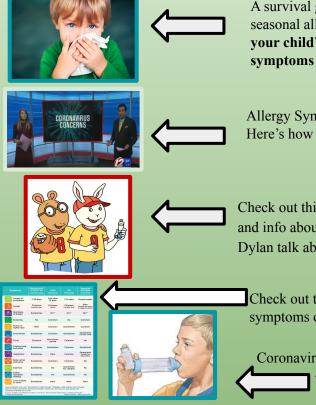
Spring pollen is increasing across the U.S., which is affecting those with seasonal allergies & asthma. If pollen triggers allergy & asthma symptoms for you or your child/ren, be sure to follow your allergy and/or asthma treatment plan to keep allergies under control & prevent asthma episodes or attacks. This is very important to help differentiate these signs & symptoms from Covid-19. If your asthma is not under control, you will want to call your doctor right away.

Stay safe and healthy,

Your Elementary School Nurses

## What's up this week?

Click on the pictures for links to enjoy learning about health and having fun, from your School Nurse about allergies and asthma:



A survival guide for managing your child's seasonal allergies. Always consult with your child's doctor for continuing symptoms

May 18, 2020- May 27, 2020

Allergy Symptoms or Covid-19? Here's how you can spot the difference!

Check out this fun kids website with games and info about children with asthma. See Dylan talk about his....

Check out this chart to compare signs and symptoms of cold, flu, allergies & Covid-19

Coronavirus (COVID-19): What People with Asthma Need to Know